

Virtual FRC 2021 ABQ Metro & SE Regions

The Friends and Relationship class is a NM DD Waiver service open to adults 18+ designed to strengthen the resources of people with disabilities to form and keep meaningful relationships.

Spring 2021

Class with Briana

Mon 3-4pm & Sat 10-11am

Class 1: March 29th & April 3rd

Class 2: April 5th & April 10th

Class 3: April 12th & April 17th

Class 4: April 19th & April 24th

Class 5: April 26th & May 1st

Class 6: May 3rd & May 8th

Class 7: May 10th & May 15th

Graduation: May 17th & May 22nd

Class with Jessa

Tue & Thu 1-2pm

Class 1: March 30th & April 1st

Class 2: April 6th & April 8th

Class 3: April 13th & April 15th

Class 4: April 20th & April 22nd

Class 5: April 27th & April 29th

Class 6: May 4th & May 6th

Class 7: May 11th & May 13th

Graduation: May 18th & May 20th

For class information contact Briana Trujillo, 505-382-6177 or briana.avelina@gmail.com or Jessa Walker, 505-977-3770 or jessarosewalker@gmail.com. For budget information contact Len Follick, 505-450-5227 or on Scomm via therap provider number 36080721

Provided by Len Follick Counseling, LLC in Albuquerque, NM.